



<b>FOR CLERK USE ONLY</b>	
City Council	
Item No.	<u>6</u>

## CITY COUNCIL/REDEVELOPMENT AGENCY AGENDA FACT SHEET

**COMMUNITY SERVICES - RECREATION**

Department

**October 19, 2010**

Requested Date

**1. Request:**

Council/RDA Approval ☒

Other (specify) ☐

Information Only/  
Presentation ☐

Hearing ☐

**2. Requested Action:**

Approve budget amendment resolution to establish budget for the 2010-11 Senior Health and Wellness Program. This program is made possible with a \$25,000 grant from the Heffernan Memorial Healthcare District and other smaller donations. **This program will NOT impact the General Fund.**

**3. Fiscal Impact:**

Revenue:

Increase ☒

Decrease ☐

Source:

Grant and donations

Amount:

\$26,250

Cost:

Increase ☒

Decrease ☐

Source:

Grant and donations

Amount:

\$26,250

Does Not Apply ☐

**4. Reviewed By:**

Finance Dept. on \_\_\_\_\_

By: \_\_\_\_\_

Comments: \_\_\_\_\_

City Attorney on \_\_\_\_\_

By: \_\_\_\_\_

Comments: \_\_\_\_\_

*Note: Back up must be submitted along with this form. Deadline is 5:00 p.m., 2 Fridays before the scheduled meeting date.*

**CLERK USE ONLY**

CITY COUNCIL DATE: \_\_\_\_\_

Action ☐

Consent ☐

Hearing ☐

Filing ☐

Presentation ☐

Other(specify) ☐

Reviewed by: City Clerk \_\_\_\_\_

Date \_\_\_\_\_

City Manager \_\_\_\_\_

Date \_\_\_\_\_

# CITY COUNCIL AGENDA REPORT


**SUBJECT:** Budget Amendment Resolution for Senior Health and Wellness Program grant from Heffernan Memorial Healthcare District and additional donations.

**AGENDA DATE:** October 19, 2010

**APPROVED FOR AGENDA BY:** Victor Carrillo, City Manager

**RECOMMENDATION:** Approve budget amendment resolution

**FISCAL IMPACT:** \$26,250 (Grant and donations)

**PREPARED BY:** Sandra Tauler,  Community Services Director

**APPROVED BACKGROUND INFORMATION: (Prior action/information)**

**DISCUSSION (Current consideration)**

The Recreation Department received a grant from the Heffernan Memorial Healthcare District in the amount of \$25,000 to provide a Senior Health and Wellness Programs during fiscal year 2010-11. In addition, one of the Senior Citizen apartment complexes will be contributing \$125 per month for this program. These funds will be used exclusively for Senior health and wellness programs. These include:

- Senior Aerobics at the Community Center 4 times per week
- Senior aerobics at the Senior sites 2 times per week (per site)
- Arts and crafts classes at the Community Center 2 times per week
- Arts and crafts at the Senior sites 1 time per week
- Cooking classes (to encourage health eating habits) once per week at the Community Center
- Cooking classes at the Senior sites once per month (one site per week)
- Health and nutrition classes at Community Center once per week
- Health and nutrition classes at Senior sites once per month (on site per week)
- Senior Health Fair which will include FREE FLU SHOTS.

All of these programs and services will be provided FREE to Seniors (55 years of age and older).

Agenda Item No. \_\_\_\_\_

Page \_\_\_\_\_ of \_\_\_\_\_

**BUDGET AMENDMENT RESOLUTION NO. \_xxxxx\_**

**BUDGET AMENDMENT RESOLUTION OF THE CITY COUNCIL  
OF THE CITY OF CALEXICO AUTHORIZING AN AMENDMENT  
TO THE FINAL BUDGET FOR FISCAL YEAR 2010-11 FOR  
COMMUNITY SERVICES DEPARTMENT**

**WHEREAS**, the Final Budget for Fiscal Year 2010-11 was adopted by Resolution No. XXXX (City) and Resolution No. XXXX (Calexico Redevelopment Agency) of the City Council on \_\_\_\_\_; and

**WHEREAS**, the City Council has authorized the amendment of the Final Budget, in accordance with proper governmental accounting and financial reporting practices; and

**NOW THEREFORE**, the City Council of the City of Calexico hereby resolves and authorizes the following action(s):

**AMENDMENTS TO ADOPTED BUDGET:**

1) Record Revenue Estimate(s):

Fund No/ Org Key	Fund Title Org Key Title	Object Code	Object Code Title	Amount
111/4150	Senior Health Programs	48007	Senior Health Programs	\$ 26,250.00
<i>Total</i>				

2) Record Appropriation(s):

Fund No/ Org Key	Fund Title Org Key Title	Object Code	Object Code Title	Amount
111/4150	Senior Health Programs	52225	Materials and Supplies	\$ 20,000.00
111/4150	Senior Health Programs	52227	Senior Programs	\$ 6,250.00
<i>Total</i>				\$ 26,250.00

3) Record Transfer of Funds:

**FROM:**

Fund No/ Org Key	Fund Title Org Key Title	Object Code	Object Code Title	Amount
<i>Total</i>				

**TO:**

Fund No/ Org Key	Fund Title Org Key Title	Object Code	Object Code Title	Amount
<i>Total</i>				

**CAPITAL EXPENDITURE AUTHORIZATION:**

4) Record Specific Capital Item(s) or Project:

Fund/Org Key/Object Code (Complete Account No.)	Quantity	Description	Amount
Total			

## 5) Purpose of Budget Amendment:

The Senior Health and Wellness program is receiving a grant from Heffernan Memorial Healthcare District to cover programs and materials for Senior programming during FY 2010-11. In addition, a donation for \$125 per month will be received from one of the Senior Citizens Apartment complexes to help fund the programs at their site.

**PASSED, APPROVED AND ADOPTED** by the City Council of the City of Calexico at the regular meeting this \_\_\_\_\_ day of \_\_\_\_\_ 2010.

\_\_\_\_\_  
John Moreno, Mayor

ATTEST:

\_\_\_\_\_  
LOURDES CORDOVA, City Clerk

APPROVED AS TO FORM;

\_\_\_\_\_  
JENNIFER M. LYON, City Attorney

STATE OF CALIFORNIA )  
CITY OF CALEXICO ) ss.  
COUNTY OF IMPERIAL )

I, Lourdes Cordova, City Clerk of the City of Calexico, do hereby certify under the penalty of perjury, that the foregoing Resolution No. 06-07-\_\_\_\_, was duly adopted by the City Council at a meeting of said City Council held on the \_\_\_\_\_ day of \_\_\_\_\_, 2007, by the following vote:

AYES:  
NOES:  
ABSTAIN:  
ABSENT:

\_\_\_\_\_  
LOURDES CORDOVA, City Clerk  
City of Calexico

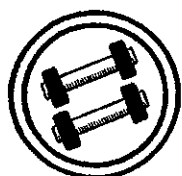
cc: Department



*The Calexico Recreation Department  
offers*

# Aerobics

Join us for some fun, meet new people, improve your health, and lead a healthier lifestyle. Exercise program designed for Senior citizens (men and women).



For additional information, please call (760)-768-2176

**Monday & Wednesday**

*55 years and over*

10:45 a.m. Luis Moreno Apts.

11:45 a.m. Calexico Complex

Starting on Sept. 1st



**Tuesday & Thursday**

10:45 a.m. Villa de las Flores Apt.

11:45 a.m. Alejandro Rivera Apt.

Starting on Sept. 2nd



*The Senior Health and Wellness Program is sponsored by a grant from the  
Heffernan Memorial Healthcare District.*

# Calexico Recreation Department

Invites you to participate in

## ARTS & CRAFTS CLASSES



**FREE!**



### Calexico Complex

Every Monday, starting on  
September 20th at 1:30 p.m.

For ages 55 and over

### Villa de Las Flores Apts.

Every Tuesday, starting on  
September 7th at 1:30 p.m.

### Alejandro Rivera Apts.

Every Wednesday, starting on  
September 8th at 1:30 p.m.



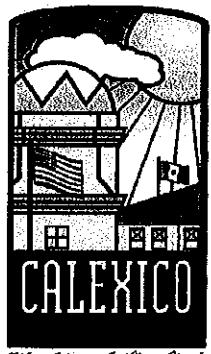
### Luis Moreno Apts.

Every Thursday, starting on September  
9th at 1:30 p.m.



Para mas informes llame al (760) 768-2176

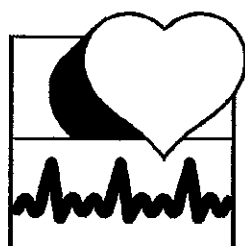
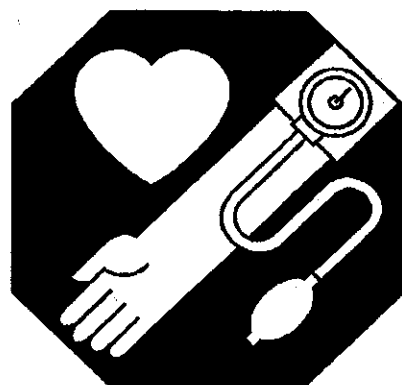
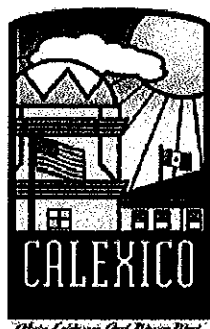
*The Senior Health and Wellness Program is sponsored by a grant  
from the Heffernan Memorial Healthcare District.*



# El Departamento de Recreacion de la Ciudad de Calexico

le invita a la

## Feria de Salud



Martes, 19 de Octubre del 2010

9:00 a.m - 12:00 p.m.

Parque Community Center, Lado Sur  
707 Avenida Dool, Calexico

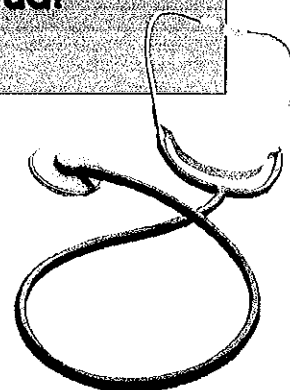
**Gratis**

Exámenes gratis para diabetes y presión sanguínea,  
Reciba información valiosa para su salud!  
Vacunas contra la gripe (\$2.00)

**Gratis**



Buena Salud



Informes al  
768-2176

*Solo para personas de  
55 años en adelante*



*The Senior Health and Wellness Program is sponsored by a grant  
from the Heffernan Memorial Healthcare District.*